

EDUCATION

PhD-student, Department of Clinical Medicine <i>University of Copenhagen</i>	2013
Cand. Scient. San, MSc <i>University of Copenhagen</i>	2012
Course of introduction to Healthcare Science <i>University of Copenhagen</i>	2009
Course of research for healthcare professionals with bachelor <i>Center for Healthcare Research of University hospitals Copenhagen</i>	2007
Nurse, professional bachelor degree <i>Herlev School of Nursing, Copenhagen</i>	2003
Studying French and Philosophy <i>University of Copenhagen</i>	1991-1995
Studying Medicine <i>University of Copenhagen</i>	1987-1989

EMPLOYMENT

PhD-student, Department of Clinical Medicine <i>University of Copenhagen</i>	
Research assistant, The Inclusion project, IPS <i>Research Unit, Mental Health Center Copenhagen</i>	2012
Project leader The AID-trail <i>Research Unit, Mental Health Center Copenhagen</i>	2008-2012
Project Nurse <i>Center for Clinical intervention and Neuropsychiatric Schizophrenia Research</i>	2007
Project Nurse <i>Research Unit, Mental Health Center Copenhagen</i>	2005-2007
Nurse <i>Bispebjerg Hospital, Copenhagen</i>	2003-2005
Nurse <i>KAS Gentofte, Copenhagen</i>	2003
Teacher nutritional therapist training in Denmark and Norway <i>Institute of Optimal Nutrition, Copenhagen</i>	1998-2004

TEACHING

Consultant for The National Board of Social Services Videns portal (Self-harm)
10th. semester Medical students at University of Copenhagen and cand scient san students
Roskilde Handelsskole, External lecture in Psychiatry and Crisis Psychology.
Psychiatric Center Copenhagen Suicide Prevention and introduction to research.

CONFERENCE PARTICIPATION

European Symposium on Suicide and Suicidal Behavior

Tallinn, Estonia 2014, Tel Aviv-Jaffa, Israel 2012, Rome, Italy 2010, Glasgow, Scotland 2008

World Congress on Suicide prevention of IASP

Tokyo, Japan 2016, New York, US 2015 (Summit IASR), Montreal, Canada 2015, Oslo, Norway
2013, Beijing, China 2011, Montevideo, Uruguay 2009

ORGANISATION OF NATIONAL SEMINARS AND OG WORKSHOPS

Thomas Joiner 2012, Copenhagen, Denmark, Finn Skåderud, 2012, Copenhagen, Denmark
Marjan Holloway 2011, (CBT) Copenhagen, Denmark, David Jobes, (CAMS) 2009 (Aspects of
Suicide Prevention) Copenhagen, Denmark.

Board of directors

Association for Development and Research in Suicide Prevention (FUF)

PUBLIKATIONS

Morthorst B, Soegaard B, Nordentoft M Erlangsen A.

Incidence rates of deliberate self-harm in Denmark during 1994-2011: a nationwide register study. Crisis 2016, DOI:10.1027/0227-5910/a000391.

Morthorst B, Krogh J, Erlangsen A, Alberdi F, Nordentoft M., *Effect of assertive outreach after suicide attempt in the AID (assertive intervention for deliberate self-harm) trial: randomised controlled trial. BMJ 2012 Aug 22;345:e4972. doi: 10.1136/bmj.e4972.*

Morthorst B., Nordentoft M., *Unge med Selvmordsforsøg og Behandling, Publikationen er nr. 3 af i alt 5, som formidler resultaterne af forskningsprojektet 'Forandringsens Omveje og Genveje, in collaboartion with Servicestyrrelsen.*

Jensen KB, **Morthorst BR**, Vendsborg PB, Hjorthøj C, Nordentoft M, [Effectiveness of Mental Health First Aid training in Denmark: a randomized trial in waitlist design.](#) *Soc Psychiatry Psychiatr Epidemiol.* 2016 Apr;51(4):597-606. doi: 10.1007/s00127-016-1176-9. Epub 2016 Feb 2.

Christensen TN, Nielsen IG, Stenager E, **Morthorst BR**, Lindschou J, Nordentoft M, Epløv LF [Individual Placement and Support supplemented with cognitive remediation and work-related social skills training in Denmark: study protocol for a randomized controlled trial.](#) *Trials.* 2015 Jun 21;16:280. doi: 10.1186/s13063-015-0792-0. PMID: 26093636

Jensen KB, **Morthorst BR**, Vendsborg PB, Hjorthøj CR, Nordentoft M. [The effect of the mental health first-aid training course offered employees in Denmark: study protocol for a randomized](#)

[waitlist-controlled superiority trial mixed with a qualitative study](#). *BMC Psychiatry*. 2015 Apr 14;15:80. doi: 10.1186/s12888-015-0466-1.PMID: 25884517

Hedeland RL, Jørgensen MH, Teilmann G, Thiesen LR, Valentiner M, Iskandar A, **Morthorst B**, Andersen J. Childhood suicide attempts with acetaminophen in Denmark: Characteristics, social behaviour, trends and risk factors. *Scand J Public Health*. January 28, 2013, doi: 0.1177/140349481247412

Thøgersen MH, **Morthorst BM**, Nordentoft M. Assertive community treatment vs. standard treatment for severe psychotic illness in Denmark: A quasi-experimental trial. January 2016, in press *Nordic J Psychiatry*.

Thogersen MH, **Morthorst B**, Nordentoft M. Perceptions of coercion in the community: a qualitative study of patients in a Danish assertive community treatment team. *Psychiatr Q*, 2010; 81: 35-47. doi: 10.1007/s11126-009-9115-5